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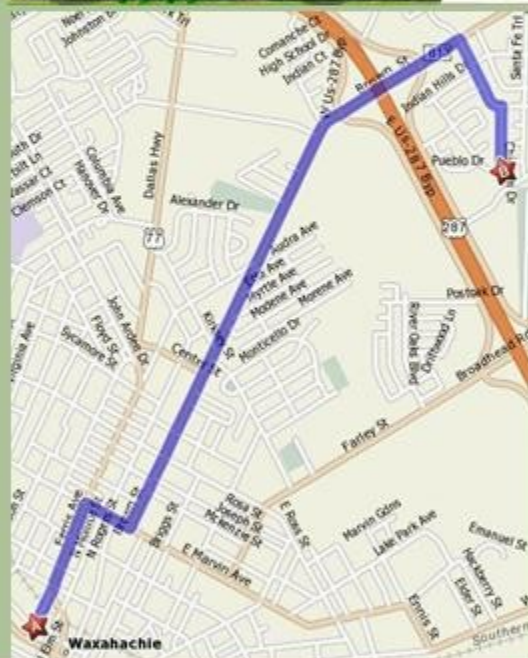
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Dental News Bites

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We're Growing!



Approximate Move-In:
March 2010

New Address:
132 Chieftain
Waxahachie, Texas 75165
Phone: 972-937-4370
Fax: 972-937-4369
www.waxfamdent.com

Over the years, patients have given us the compliment of referring family and friends to our practice. Your confidence motivates us to continue to strive for excellence.

Thank you for your referrals.

Want a Whiter, Brighter Smile?

Forget those messy whitening strips, or other over the counter remedies for whiter teeth! Come into our office for your regular re-care exam, cleaning, and x-rays to receive custom whitening trays and a take home bleaching kit for \$89.00. Keep your 6 month re-care

appointment and you will receive **FREE** touch up whitening gel twice a year! Restrictions may apply. Call for details!



No Interest Payment Options!

We offer CareCredit® and the Citi® Health Card because your smile is important to us! CareCredit® and the Citi® Health Card offers convenient payment programs for the entire family. Use either card to pay for co-payments, deductibles and treatment that is not covered by your insurance. Start treatment now and pay over time with in-

terest free financing! We also accept Discover, Visa, and MasterCard for your convenience. For more information about no interest payment options, contact our office today!



How to have a tooth-friendly Halloween



Is thinking about Halloween candy and its effect on your children's teeth enough to give you the chills? Dentists say, don't despair—you can be mindful of your child's health and still let them enjoy the special occasion.

The decay process in teeth works like this: The majority—about 90 percent—of all foods contain sugars or starches that enable bacteria in dental plaque to produce acids. This attack by the bacterial acid, lasting 20 minutes or more, can lead to a loss of tooth mineral and, eventually, to cavities.

A child who licks a piece of hard candy every few minutes or sips a sugary drink is more susceptible to tooth decay because long-lasting snacks create an acid attack on teeth the entire time they are in the mouth. Thus, one approach would be to allow your ghosts and goblins to indulge in Halloween candy just after mealtime instead of as a snack, or chose the RIGHT kind of snack. Research from the Forsyth Dental Center shows that some sticky foods clear from the mouth faster than less sticky foods—posing a shorter acid attack on the teeth. Caramels, for example, dissolve more quickly than crackers, breakfast cereals, potato chips, dried fruit and bread.

Another option with Halloween candy is to allow snacking immediately after trick-or-treating, then throw out the remainder. But remember that depriving your child of Halloween treats will only make him or her want them more.

Good dental health depends on more than just diet. Snacks should not be served more than three or four times a day and should contribute to the overall nutrition and health of the child. Healthy snack choices include cheese, yogurt, vegetables, peanut butter and chocolate milk.

Most of all, practice good oral hygiene by making sure your child brushes and flosses every day, and visits the dentist regularly. If it has been more than six months since your child has seen a dentist, call our office today!



Congratulations Nona Stonar!

WAKAHACHIE FAMILY DENTISTRY
RECOGNIZES **NONA STONAR** FOR
LIVING **100 YEARS** OF HISTORY.
MS. STONAR WAS BORN IN 1908.

- We offer full service dentistry with a variety of ages beginning at 3 years old. Whether your dental needs are routine dental appointments or a complete full mouth restoration, we promise to provide exceptional care.

- Our office welcomes new patients and we are confident that your experience with us will leave you eager to recommend our dental family to your relatives and friends.



You Could Lose Your Dental Benefits

Do you have dental insurance? If so, time may be running out.



Remember that most insurance maximums expire at year's end ...and whatever benefits you do not use, you lose!

Don't let this happen to you. You have worked hard to earn your benefits, and you should take advantage of them.

Many dental procedures take time to finish, and appointments for the fall and winter months usually are booked well in advance. Plan early and you'll be sure to take full advantage of your insurance benefits.

Schedule your appointment today!

You're Invited

What: Join our online community!
Partnered with DemandForce.

Provide Feedback through Surveys!
Schedule Appointments 24/7!
Convenient Appointment Reminders!
Refer your friends and family!

Why?

How? Call us today!
972-937-4370